







Shifts in teaching – who are we teaching to, and how?

Getting out of our brains: distributed cognition in ELT by Sarn Rich

Distributed/extended cognition is a way to understand thinking and learning as spreading dynamically through our bodies, through objects, through interactions with other people and with the wider environment. Sarn Rich from the Centre for Language & Linguistics, Canterbury Christ Church University presented a series of practical ways to apply these ideas in ELT for more effective language learning. His session concluded with a distributed-cognition escape-room activity that demands shared problem solving, teamwork and communication and required real-time dynamic audience participation.

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Sarn Rich has taught mainly in the UK, Eastern Europe and the far East. He is now involved in teacher training, and the teaching of historical linguistics, first and second language acquisition, and Cognitive Linguistics. In ELT, he is interested in effective, realistic application of theory in the light of teachers' practical, professional experience.

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